



Race Information for Draft Legal Race

Race Day: Monday, May 20th, 2019
Race Start: 7:00am, on pool deck for 6:50am
Location: Ron Andrews RecCentre,
931 Lytton St., North Vancouver, BC

Pre-race Briefing

4:30PM on Sunday May 19th at Ron Andrews.

Parking:

Parking will **NOT** be available at Ron Andrews Rec Centre or Ice Sports Arena. Parking is available on neighbouring streets, **north** of Mount Seymour Parkway. Do **NOT** park on the south side of Lytton St. Please avoid blocking driveways which may result in your car being towed.

Transition Area: Open at 6:00am

There will be specific bike racks dedicated to this wave, directions will be provided on race day. Headsets, iPods, and glass containers are NOT permitted in the race.

Body Marking:

Body marking is located inside the Rec Centre within the gym. **You must be body marked prior to the pre-race meeting at 6:45am.**

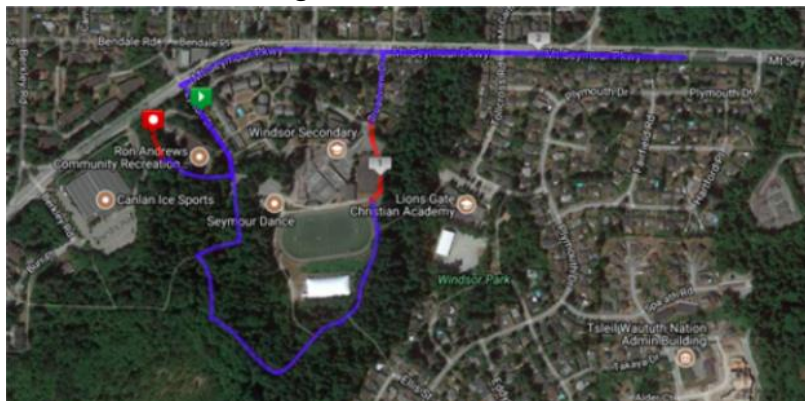
Swim: 370m

Swim waves will be finalized at the pre-race meeting or on race morning. The swim is 10 lengths of a 37m pool, **lap counters will be on hand to assist.**

Bike Course: 10k out and back on Mt. Seymour Parkway, complete 2 full loops



Run Course: 3k through the trails and street around Ron Andrews Rec Centre



It is your responsibility to know and comply with all Triathlon Canada regulations; failure to do so may result in disqualification.

Additional information and FAQ's for the Project 2024 can be found here <https://www.tribc.org/youth-junior-superseries-project-2024/>